

Cardiac Amyloidosis Program

A Dedicated Program for Patients with Cardiac Amyloidosis

Cardiac Amyloidosis is a clinical disorder caused by the buildup of the misfolded protein “amyloid” in various organs in the body.

When the misfolded amyloid protein deposits in the heart, it interferes with normal cardiac function, and causes the disease cardiac amyloidosis.



To schedule an appointment or for more information,
please call (646) 962-7571

We accept all major insurance plans.



The Cardiac Amyloidosis Program is led by Parag Goyal, MD, MSc, in partnership with a multidisciplinary group of specialists, including hematologists and neurologists. The team works together to create a comprehensive, patient-centered treatment plan for patients with cardiac amyloidosis.

What is Cardiac Amyloidosis?

Amyloidosis is a clinical disorder that occurs when a protein called “amyloid” builds up in various organs in the body. When amyloid deposits in the heart, it interferes with normal cardiac function and causes the disease cardiac amyloidosis. Patients with this condition may experience swelling in the belly or legs or feel short of breath. Amyloid can also invade numerous other organs like the skin and nerves, which can lead to easy bruising or numbness in the hands or feet.

Why do we offer a program specializing in Cardiac Amyloidosis?



To Ensure an Accurate Diagnosis

Early on in cardiac amyloidosis, patients may experience non-specific symptoms, and their diagnosis may be missed or mistaken for other conditions like heart disease due to high blood pressure. The best outcome of therapy necessitates early diagnosis as cardiac amyloidosis carries a serious prognosis.



To Develop an Optimal Care Plan

We will individualize therapy based on your unique cardiovascular and medical profile. We hope to provide a treatment plan that can help relieve your symptoms, improve your quality of life, and preserve your independence.



To Offer Access to the Newest Therapies

There are now FDA-approved medications to treat cardiac amyloidosis. Our specialty pharmacy at New York Presbyterian can provide easy and affordable access to these therapies. You will also have the opportunity to participate in clinical trials if you are interested.



To Provide Education

We will help you to understand how cardiac amyloidosis affects you and provide you with the knowledge and tools to best manage this condition with the help of our team.



To Help Patients Take Control

We want our patients to take part in decision-making about their care. We believe that to make the best medical decisions, it is important that we understand your value system and collaborate with you to help you reach your health goals.

What can I expect at my first appointment?

Your visit will take about one hour. In addition to seeing our cardiologist, you may also meet other team members who will help us collect the information necessary to provide you with the best possible care.

Your appointment will include:

- Detailed interview about your medical conditions and medications
- Comprehensive assessment of your function, mobility, and cognition
- Physical exam & blood tests (including a genetic test)
- Additional diagnostic testing as needed

Our services:

- Evaluation of cardiovascular function
- Confirmation and explanation of a cardiac amyloidosis diagnosis and how it may affect you
- Careful review and improvement of your medication regimen
- Individualized treatment strategies & education on best strategies for self-care
- Coordination of care and communication with your other doctors

Meet Our Care Team



Parag Goyal, MD, MSc
Dr. Goyal is a board-certified cardiologist specializing in advanced heart failure, particularly in older adults.



Daniel McDonald, MD
Dr. McDonald is a board-certified cardiologist specializing in advanced heart failure.



Christina Ramasami, AGNP-BC
Christina is a nurse practitioner specializing in cardiac care.

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**The Program for the Care and
Study of the Aging Heart**
New York-Presbyterian
Weill Cornell Medical Center
1305 York Avenue, 8th Floor
New York, NY 10021

The Program for the Care and Study of the Aging Heart is offered by the Division of General Internal Medicine and the Greenberg Division of Cardiology of New York-Presbyterian/Weill Cornell Medical Center and its affiliated medical school, Weill Cornell Medicine. New York-Presbyterian Hospital is ranked New York's #1 hospital and our cardiology and heart surgery program is ranked #6 in the nation according to the U.S. News & World Report survey of America's Best Hospitals. The doctors and scientists of Weill Cornell Medicine are engaged in world-class clinical care and cutting-edge research that connect patients to the latest treatment innovations and prevention strategies.